

## Have you moved to Scotland, and you're worried about money?

**no money**

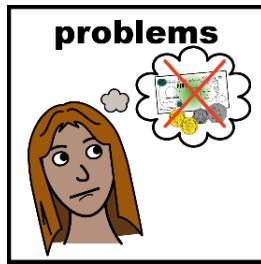


There may be lots of reasons why you are worried about money. You may not be aware of your rights and entitlements, you may not have enough money for everything you need, you may be in debt, or you may not know who to speak to about your problems.

**ask for  
information**



Here is some information on the ways to contact people for help and advice with your money problems, whatever your immigration status if you live in Edinburgh.



## **Your immigration status**

Knowing your visa type will help you and your advisors know which support you can access. You may be entitled to access benefits.

Even if your visa type means that your access to benefits is restricted through a No Recourse to Public Funds (NRPF) condition, you are still entitled to receive certain kinds of support.

Different members of your household may have different visa restrictions.

**Contact Citizens Advice Edinburgh or  
Citizens Rights Project**

### **Where can I find more information about this?**

*UK Government eVisa checker:*

[www.gov.uk/view-prove-immigration-status](http://www.gov.uk/view-prove-immigration-status)

*Citizens Rights Project eVisa support:*

[www.citizensrightsproject.org/services/evisa](http://www.citizensrightsproject.org/services/evisa)



### **Citizens Advice Edinburgh**

Phone – 0131 510 5510

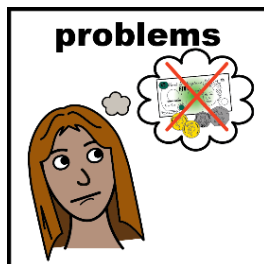
Website – [www.citizensadviceedinburgh.org.uk](http://www.citizensadviceedinburgh.org.uk)



### **Citizens Rights Project**

Email – [info@citizensrightsproject.org](mailto:info@citizensrightsproject.org)

Website – [www.citizensrightsproject.org](http://www.citizensrightsproject.org)



## **Making your money go further**

Anyone who is worried about money can get a free and confidential advice regardless of their immigration status.

There might be ways you can reduce your expenses, such as finding a cheaper internet and mobile phone provider or a cheaper energy provider. You may be able to access certain kinds of support including free school meals, free school uniforms, or charitable grants. You may also be eligible to receive benefits, depending on your visa type.

**Contact Citizens Advice Edinburgh or Citizens Rights Project or Community Help and Advice Initiative or The Welcoming Association**

### **Where can I find more information about this?**

*MoneyHelper:*

[www.moneyhelper.org.uk](http://www.moneyhelper.org.uk)

*Citizens Advice Scotland:*

[www.cas.org.uk](http://www.cas.org.uk)

*Turn2us:*





[www.turn2us.org.uk/get-support/information-for-your-situation/a-migrant](http://www.turn2us.org.uk/get-support/information-for-your-situation/a-migrant)




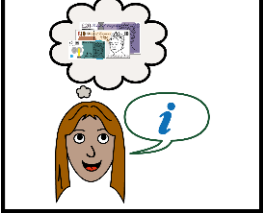



## **Citizens Advice Edinburgh**

Phone – 0131 510 5510




Website – [www.citizensadviceedinburgh.org.uk](http://www.citizensadviceedinburgh.org.uk)

<p><b>address and telephone</b></p> 	<p><b>Citizens Rights Project</b>  Email – <a href="mailto:info@citizensrightsproject.org">info@citizensrightsproject.org</a>  Website – <a href="http://www.citizensrightsproject.org">www.citizensrightsproject.org</a></p>
<p><b>address and telephone</b></p> 	<p><b>Community Help and Advice Initiative</b>  Phone – 0131 442 2100  Email – <a href="mailto:chai@chaiedinburgh.org.uk">chai@chaiedinburgh.org.uk</a>  Website – <a href="http://www.chaiedinburgh.org.uk">www.chaiedinburgh.org.uk</a></p>
<p><b>address and telephone</b></p> 	<p><b>The Welcoming Association</b>  Phone – 0131 346 8577  Email – <a href="mailto:info@thewelcoming.org">info@thewelcoming.org</a>  Website – <a href="http://www.thewelcoming.org">www.thewelcoming.org</a></p>
<p><b>money advice</b></p> 	<p><b>Employment support</b>  Even if you have visa restrictions in place, you may be able to find a job which pays more, or which offers you more hours up to the limit of your visa allowance.</p> <p>You might also be able to get help or advice to support other adults in your household to find a job or increase their earnings.</p> <p><b>Contact Citizens Rights Project or LINKnet Mentoring or The Welcoming Association</b></p> <p><b>Where can I find more information about this?</b>  <i>Bridges Programmes:</i>  <a href="http://www.bridgesprogrammes.org.uk">www.bridgesprogrammes.org.uk</a></p> <p><i>Employability in Scotland:</i>  <a href="http://www.employabilityinscotland.com/local-employability-services">www.employabilityinscotland.com/local-employability-services</a></p>

<p><b>address and telephone</b></p> 	<p><b>Citizens Rights Project</b>  Email – <a href="mailto:info@citizensrightsproject.org">info@citizensrightsproject.org</a>  Website – <a href="http://www.citizensrightsproject.org">www.citizensrightsproject.org</a></p>
<p><b>address and telephone</b></p> 	<p><b>LINKnet Mentoring</b>  Phone – 0131 261 4463  Email – <a href="mailto:linknet2@linknetmentoring.com">linknet2@linknetmentoring.com</a>  Website – <a href="http://www.linknetmentoring.com">www.linknetmentoring.com</a></p>
<p><b>address and telephone</b></p> 	<p><b>The Welcoming Association</b>  Phone – 0131 346 8577  Email – <a href="mailto:info@thewelcoming.org">info@thewelcoming.org</a>  Website – <a href="http://www.thewelcoming.org">www.thewelcoming.org</a></p>
<p><b>money advice</b></p> 	<p><b>Debt advice</b>  If you are in debt or owe money, you can get help and advice about ways to pay off your debts each month.</p> <p><b>Contact Citizens Advice Edinburgh or Citizens Rights Project or Community Help and Advice Initiative or The Welcoming Association</b></p> <p><b>Where can I find more information about this?</b>  <i>Citizens Advice Scotland:</i>  <a href="http://www.citizensadvice.org.uk/scotland/debt-and-money">www.citizensadvice.org.uk/scotland/debt-and-money</a></p> <p><i>StepChange:</i>  <a href="http://www.stepchange.org">www.stepchange.org</a></p>
<p><b>address and telephone</b></p> 	<p><b>Citizens Advice Edinburgh</b>  Phone – 0131 510 5510  Website – <a href="http://www.citizensadviceedinburgh.org.uk">www.citizensadviceedinburgh.org.uk</a></p>


<p><b>address and telephone</b></p> 	<p><b>Citizens Rights Project</b>  Email – <a href="mailto:info@citizensrightsproject.org">info@citizensrightsproject.org</a>  Website – <a href="http://www.citizensrightsproject.org">www.citizensrightsproject.org</a></p>
<p><b>address and telephone</b></p> 	<p><b>Community Help and Advice Initiative</b>  Phone – 0131 442 2100  Email – <a href="mailto:chai@chaiedinburgh.org.uk">chai@chaiedinburgh.org.uk</a>  Website – <a href="http://www.chaiedinburgh.org.uk">www.chaiedinburgh.org.uk</a></p>
<p><b>address and telephone</b></p> 	<p><b>The Welcoming Association</b>  Phone – 0131 346 8577  Email – <a href="mailto:info@thewelcoming.org">info@thewelcoming.org</a>  Website – <a href="http://www.thewelcoming.org">www.thewelcoming.org</a></p>
<p><b>problems</b></p> 	<p><b>ESOL support</b></p> <p>If you feel that your level of English is preventing you from accessing support or employment, attending ESOL (English for Speakers of Other Languages) classes can help. They are often free of charge.</p> <p>In addition to teaching English, ESOL providers often offer information about other community services and can help you feel more settled and confident.</p> <p><b>Contact LINKnet Mentoring or The Welcoming Association</b></p> <p><b>Where can I find more information about this?</b>  <i>English for speakers of other languages classes and support:</i>  <a href="http://www.edinburgh.gov.uk/schools-learning/english-speakers-languages-classes-support">www.edinburgh.gov.uk/schools-learning/english-speakers-languages-classes-support</a></p>

	<p><i>ESOL Scotland Resources for Learners:</i>  <a href="http://www.esolscotland.co.uk/esol-classes-learners.html">www.esolscotland.co.uk/esol-classes-learners.html</a></p> <p><i>Scotland.org Learning English and Translation Support:</i>  <a href="http://www.scotland.org/live-in-scotland/learning-english-and-translation-support">www.scotland.org/live-in-scotland/learning-english-and-translation-support</a></p>
<p><b>address and telephone</b></p> 	<p><b>LINKnet Mentoring</b>  Phone – 0131 261 4463  Email – <a href="mailto:linknet2@linknetmentoring.com">linknet2@linknetmentoring.com</a>  Website – <a href="http://www.linknetmentoring.com">www.linknetmentoring.com</a></p>
<p><b>address and telephone</b></p> 	<p><b>The Welcoming Association</b>  Phone – 0131 346 8577  Email – <a href="mailto:info@thewelcoming.org">info@thewelcoming.org</a>  Website – <a href="http://www.thewelcoming.org">www.thewelcoming.org</a></p>
<p><b>address and telephone</b></p> 	<p><b>For general support with migration</b>  Contact – Scotland's Migration Service  Website – <a href="http://www.scotland.org/move-to-scotland/migration-service">www.scotland.org/move-to-scotland/migration-service</a></p>
<p><b>address and telephone</b></p> 	<p><b>For general support with migration</b>  Contact – Scottish Refugee Council  Website – <a href="http://www.scottishrefugeecouncil.org.uk">www.scottishrefugeecouncil.org.uk</a></p>
<p><b>address and telephone</b></p> 	<p><b>For general support with migration</b>  Contact – NRPF Network  Website – <a href="http://www.nrpfnetwork.org.uk">www.nrpfnetwork.org.uk</a></p>

	<p><b>For housing support</b>  Contact – One Way In  Phone – 0131 603 0400  Email – <a href="mailto:referrals@edinburghvhs.co.uk">referrals@edinburghvhs.co.uk</a></p>
	<p><b>What to take with you when speaking to an advisor?</b></p> <p><b>Copies of immigration documents.</b>  For example: passport, correspondence from the Home Office, access to your e-Visa</p> <p><b>Documents relating to work or study.</b>  For example: an offer letter from your university, a letter from your work</p> <p><b>Proof of residence.</b> For example:  a rental agreement, council tax bill, or utility bill from the last three months</p>
	<p><b>Support that is available for everyone free of charge, regardless of visa restrictions:</b></p> <p><b>Free legal aid.</b> For free and confidential legal advice, you can contact Citizens Advice Scotland or the Ethnic Minorities Law Centre</p> <p><b>Free school meals</b></p> <p><b>Funded childcare</b> hours for 3-5 year olds</p> <p><b>Some forms of healthcare,</b> including emergency care in a hospital or doctor's surgery, transport in an ambulance, sexual health and family planning services</p>

	<p><b>Language support.</b> You can request an interpreter free of charge when you make an appointment with any public service, such as the doctor, a social housing provider, or the council</p>
--	---

With thanks to

 for the use of their image bank



Exclusively Inclusive for making this information in easy read



Adapted from the Craven Easy Read leaflet by the Independent Food Aid Network

This leaflet is based on learning from Scotland's A Menu for Change project and has been developed with support from the organisations at the top of this leaflet. You can access the Worrying about Money? leaflets at [www.foodaidnetwork.org.uk/cash-first-leaflets](http://www.foodaidnetwork.org.uk/cash-first-leaflets). This information was last updated on 02/02/26.